

Dual Carriageways

Speed Limits

Cars – 70 mph Lorries – 50 mph (Unless other signs)

Joining

Stay in left lane on slip road - unless overtaking

Try to get up to “lorry speed” (depending on slip road)

LADA

Check mirrors

Assess all other traffic

Select a location to slot into ASAP

Adjust speed to be able to slot into selected location

Signal right

Check blindspot

Move across into left hand lane smoothly

Do not cut across any hatch markings

Positioning

Centre of lane

Left lane unless overtaking

Right lane, overtaking only

Stay in lane if continuous slow traffic

Always indicate before changing lane

Change lanes to allow other vehicles to join

Speed

Left lane 60-70 mph (where safe to do so)

Or will slow down traffic flow & cause lorries to block right lane

Right lane 70 mph

Up to speed limit

Avoid hindering other traffic

Observation

Mirrors – Approx every 8 to 10 seconds

Distance from other vehicles

2 Second rule

Cats eyes

Green – can cross, Red – on left, Orange – on right

Leaving

Mirrors, Signal, Approx 300 yards marker

Exit straight into required lane

Use slip road for slowing down (unless very short)

Speeds will seem much slower than they actually are

Check speedo – leave time to adjust

Faster Speed - Better Observation & Earlier Planning